

# Zone 5 outer

## Section 7: South Croydon to Belmont

Distance: 7.44 mi, 11.90 km

### Introduction

This section is of moderate length. It is suburban initially and for a bit in the middle. The remainder is rural. The majority (all but the start and finish) is shared with the Zone 6 inner circuit.

There are a few cafes en route, and a pub at the end.

### Directions

Turn left on leaving South Croydon station, and go down the steps out of the carpark.

Turn right along the main road, then left along St. Peter's Street.

At the end turn right, then left along the main road.

Take the first right, which is Haling Road.

At the end turn left, and follow Haling Road round to the right.

Turn left along the main road, then right along Haling Park Road.

Take the footpath on the left, just after Avondale Road.

At the end, turn right then left into Haling Grove. [There might be a better route through Purley Way Playing Fields.]

Follow the tarmac path along the edge of the park, until you reach the exit.

Turn left immediately after the exit.

Keep straight ahead on the path, past several intersections, as it gradually ascends.

At the end, carry on along Edgehill Road.

Go straight ahead at the mini-roundabout and straight ahead at the traffic lights.

Take the first right, Hillcrest Road, then keep straight ahead along Overhill Road.

At the end carry on along the footpath ahead.

Bear left, then follow the main path round several bends, passing playing fields on the left, until you come out onto Roundshaw Downs by a bench.

Take the rightmost of the two paths on the left.

Keep straight ahead, passing a fenced-off area on the right, to the edge of a wood.

At a junction keep straight ahead into the wood.

Keep on the main path, passing allotments on the left and houses (a little way off) on the right.

Cross the road, and turn left onto the path on the other side.

Once back in the woods, before the path joins the road, turn right.

Immediately pass one turning on the left. Then take the second of two turnings close together on the left.

Keep on the main path.

Turn right then left to pass a playground on the left. Then join a tarmac path with playing fields on the right.

Turn left at the road.

At the main road, turn right then left into The Newlands.

At the end, turn right.

Go straight on at the mini-roundabout.

Turn left at the next two T junctions.

After a right bend, turn left into Onslow Gardens.

After another right bend, cross the main road, and carry on along Dower Avenue.

At the end, carry straight on ahead.

Keep straight ahead along The Wood End when the road bends right.

Bear left as you approach the top of the slope, bear left again, and keep going along a footpath.

At the end, turn left, and then keep straight ahead along the cycle track.

At the crossroads, turn right.

After a long descent to a main road, turn right, then left into Oaks Park.

Climb past a linear carpark.

When you reach the cafe, take the footpath on the right, immediately after the entrance to another carpark.

At the end, turn right. Here we briefly join the London Loop.

Keep on the main path through the woods. Bear right in front of a wooden barrier, then go downhill.

When you reach a wooden fence atop a brick wall, follow alongside it (on your left).

When the path emerges onto a wider track, turn right onto it.

Follow the track straight ahead. We leave the London Loop and the track degenerates into a path.

Keep straight ahead along a residential road.

After some houses on the left, take the rightmost of the paths on the left.

As soon as you enter the woods, bear right and immediately cross another path.

A little later, cross another path obliquely.

Cross the main road and turn right onto the path just beyond it. Carry on downhill.

At the end, carry on straight ahead, past the bus stands, up Station Road.

Belmont Station is down the steps on the right.